American Heart Association’s Wear Red Day

February 3, 2023

America's Heart Disease Burden

- Cardiovascular disease (CVD), listed as the underlying cause of death, accounted for 874,613 deaths in the United States in 2019.
- CVD claim more lives each year in the United States than all forms of cancer and Chronic Lower Respiratory Disease (CLRD) combined.
- Between 2015 and 2018, 126.9 million US adults had some form of CVD. Between 2017 and 2018, direct and indirect costs of total CVD were $378.0 billion ($226.2 billion in direct costs and $151.8 billion in lost productivity/mortality).
- In 2015 to 2018 in the United States, 58.8% of non-Hispanic (NH) Black females and 60.1% of NH Black males had some form of CVD. This race category had the highest prevalence of CVD.
- In 2019 in the United States, coronary heart disease (CHD) was the leading cause (41.3%) of deaths attributable to CVD in the United States, followed by other CVD (17.3%), stroke (17.2%), high blood pressure (11.7%), heart failure (9.9%), diseases of the arteries (2.8%).
- CVD accounted for approximately 19.05 million global deaths in 2020.

In exchange for a $10 donation to the American Heart Association, employees are encouraged to wear red (along with their jeans) to work to show their support for the fight against heart disease. By participating in Wear Red Day, your contribution will go towards research in fighting heart disease. Lehigh University is proud to be a part of this program and we encourage you to participate on Friday, February 3, 2023.

If you have questions regarding this program, contact Mary Jo McNulty at extension 83894 or mjd4@lehigh.edu. To register, fill out the form below and return it to Human Resources no later than Monday, January 30, 2023.

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Name____________________________________________________________________________

Department ______________________________________________________________________

Campus Address __________________________________________________________________

Phone__________________________________    E-mail__________________________________

______ Yes, I would like to participate on Friday, February 3, 2022. Enclosed is my $10 contribution. (Make checks payable to the American Heart Association)

______ I am unable to participate, but I would like to contribute $______ .

Please return by Monday, January 30, 2023 to:

Mary Jo McNulty
Human Resources
306 S. New Street, Suite 437