



***American Heart Association's Wear Red Day
February 3, 2023***

America's Heart Disease Burden

- *Cardiovascular disease (CVD), listed as the underlying cause of death, accounted for 874,613 deaths in the United States in 2019.*
- *CVD claim more lives each year in the United States than all forms of cancer and Chronic Lower Respiratory Disease (CLRD) combined.*
- *Between 2015 and 2018, 126.9 million US adults had some form of CVD. Between 2017 and 2018, direct and indirect costs of total CVD were \$378.0 billion (\$226.2 billion in direct costs and \$151.8 billion in lost productivity/mortality).*
- *In 2015 to 2018 in the United States, 58.8% of non-Hispanic (NH) Black females and 60.1% of NH Black males had some form of CVD. This race category had the highest prevalence of CVD.*
- *In 2019 in the United States, coronary heart disease (CHD) was the leading cause (41.3%) of deaths attributable to CVD in the United States, followed by other CVD (17.3%), stroke (17.2%), high blood pressure (11.7%), heart failure (9.9%), diseases of the arteries (2.8%).*
- *CVD accounted for approximately 19.05 million global deaths in 2020 .*

In exchange for a \$10 donation to the **American Heart Association**, employees are encouraged to wear red (along with their jeans) to work to show their support for the fight against heart disease. By participating in **Wear Red Day**, your contribution will go towards research in fighting heart disease. Lehigh University is proud to be a part of this program and we encourage you to participate on **Friday, February 3, 2023**.

If you have questions regarding this program, contact **Mary Jo McNulty** at extension 83894 or mjd4@lehigh.edu. To register, fill out the form below and return it to Human Resources no later than **Monday, January 30, 2023**.

Name _____

Department _____

Campus Address _____

Phone _____ E-mail _____

_____ Yes, I would like to participate on **Friday, February 3, 2022**. Enclosed is my \$10 contribution. (Make checks payable to the **American Heart Association**)

_____ I am unable to participate, but I would like to contribute \$ _____ .

Please return by Monday, January 30, 2023 to:

Mary Jo McNulty

Human Resources

306 S. New Street, Suite 437

