Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2014 – 12/31/2014 Coverage for: All | Plan Type: HMO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan documents at www.capbluecross.com; <a href="www.capbl

| Important Questions | Answers | Why this Matters: | |
|---|---|---|--|
| What is the overall deductible? | \$0 | See the chart starting on page 2 for your costs for services this plan covers. | |
| Are there other <u>deductibles</u> for specific services? | No. | You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers. | |
| Is there an <u>out-of-pocket</u> <u>limit</u> on my expenses? | Yes. \$6,350/ person \$12,700/ family for in-network care. No limit for out-of-network care. | The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of covered services. This limit helps you plan for health care expenses. | |
| What is not included in the out-of-pocket limit? | Pre-authorization penalties, premiums, balance-billed charges, pharmacy coinsurance, vision care costs, and health care this plan does not cover. | Even though you pay these expenses, they don't count toward the out-of- pocket limit . | |
| Is there an overall annual limit on what the plan pays? | No. | The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits. | |
| Does this plan use a network of providers? | Yes. See www.capbluecross.com or call 1-800-962-2242 for a list of participating providers. Call IBH at 1-800-395-1616 for Mental/Behavioral Health and Substance Abuse participating providers. See www.davisvision.com or call 1-800-999-5431 for vision care participating providers. | If you use an in-network doctor or other health care <u>provider</u> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <u>provider</u> for some services. Plans use the term in-network, <u>preferred</u> , or participating for <u>providers</u> in their <u>network</u> . See the chart starting on page 2 for how this plan pays different kinds of <u>providers</u> . | |
| Do I need a referral to see a specialist? | Yes. You need a written referral to see a specialist. | This plan will pay some or all of the costs to see a specialist for covered services but only if you have the plan's permission before you see the specialist . | |
| Are there services this plan doesn't cover? | Yes. | Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services . | |

Questions: About health care coverage: 1-800-216-9741 or www.capbluecross.com; about prescription drug coverage: 1-866-383-7420 or www.express-scripts.com; about mental/behavioral health or substance abuse: 1-800-395-1616 or www.ibhcorp.com; and about vision care coverage: 1-800-999-5431 or www.davisvision.com.

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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use <u>participating providers</u> by charging you lower <u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u> amounts.

| Common Medical Event | Services You May Need | Your Cost If You Use a Participating Provider | Your Cost If You Use a Non-Participating Provider | Limitations & Exceptions |
|--|--|--|--|--|
| | Primary care visit to treat an injury or illness | \$20 copay/visit | Not covered. | Additional \$10 copay required after hours. |
| | Specialist visit | \$20 copay/visit | Not covered. | none |
| If you visit a health care provider's office or clinic | Other practitioner office visit | No charge for chiropractic | Not covered for chiropractic | Acupuncture not covered. 2 weeks (14 consecutive days) for chiropractic. Preauthorization is required for manipulation therapy. |
| | Preventive care/screening/immunization | No charge | Not covered. | none |
| If you have a test | Diagnostic test (x-ray, blood work) | No charge for lab or tests. | Not covered. | none |
| | Imaging (CT/PET scans, MRIs) | No charge. | Not covered. | Preauthorization is required. |

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| Common Medical Event | Services You May Need | Your Cost If You Use a Participating Provider | Your Cost If You Use a Non-Participating Provider | Limitations & Exceptions |
|--|--|--|--|--|
| | Generic drugs | 10% coinsurance (retail and mail order) | 10% coinsurance plus amount over Express Scripts allowable | Covers 30 to 90 day supply. Some drugs may require preauthorization. If the necessary preauthorization is not obtained, the drug may not be covered. |
| If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.expressscripts.com or call 1-866-383-7420. | Preferred brand drugs | 20% coinsurance (retail and mail order) | 20% coinsurance plus amount over Express Scripts allowable | Covers 30 to 90 day supply. Some drugs may require preauthorization. If the necessary preauthorization is not obtained, the drug may not be covered. |
| | Non-preferred brand drugs | 20% coinsurance (retail and mail order) | 20% coinsurance plus amount over Express Scripts allowable | Covers 30 to 90 day supply. Some drugs may require preauthorization. If the necessary preauthorization is not obtained, the drug may not be covered. |
| | Specialty drugs | 20% coinsurance | Not covered | Some drugs may require purchase through Accredo Specialty pharmacy |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | No charge | Not covered | none |
| | Physician/surgeon fees | No charge | Not covered | Preauthorization is required. |
| If you need immediate medical attention | Emergency room services | \$25 copay/service | \$25 copay/service | Copay waived if admitted. |
| | Emergency medical transportation | No charge | No charge | none- |
| | Urgent care | \$20 copay/service | Not covered | none |
| If you have a hospital stay | Facility fee (e.g., hospital room) | No charge | Not covered | Preauthorization is required. |
| If you have a noophar stay | Physician/surgeon fee | No charge | Not covered | none |

Questions: About health care coverage: 1-800-216-9741 or www.capbluecross.com; about prescription drug coverage: 1-866-383-7420 or www.express-scripts.com; about mental/behavioral health or substance abuse: 1-800-395-1616 or www.ibhcorp.com; and about vision care coverage: 1-800-999-5431 or www.davisvision.com.

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| Common Medical Event | Services You May Need | Your Cost If You Use a Participating Provider | Your Cost If You Use a Non-Participating Provider | Limitations & Exceptions |
|--|--|--|--|--|
| | Mental/Behavioral health outpatient services | \$20 copay/visit | Not covered | Some services require precertification. |
| If you have mental health, behavioral health, or substance abuse needs | Mental/Behavioral health inpatient services | No charge | Not covered | Pre-certification required. 50% co-insurance for services provided without pre-authorization. |
| More information is available at | Substance use disorder outpatient services | \$20 copay/visit | Not covered | Some services require precertification. |
| www.ibhcorp.com or 1-800-395-1616. | Substance use disorder inpatient services | No charge | Not covered | Pre-certification required. 50% co-insurance for services provided without pre-authorization. |
| If you are proport | Prenatal and postnatal care | No charge | Not covered | none |
| If you are pregnant | Delivery and all inpatient services | No charge | Not covered | none |
| | Home health care | No charge | Not covered | After 100 visits, not covered. Preauthorization is required. |
| | Rehabilitation services | No charge | Not covered | Therapy limited to 30 visits |
| | Habilitation services | Not covered | Not covered | none |
| If you need help recovering or have other special health needs | Skilled nursing care | No charge | Not covered | After 60 days, not covered. Skilled nursing limit combined with acute inpatient rehabilitation limit. |
| | Durable medical equipment | No charge | Not covered | Preauthorization is required on items greater than or equal to \$500. |
| | Hospice service | No charge | Not covered | none |
| | | | | |

Questions: About health care coverage: 1-800-216-9741 or www.capbluecross.com; about prescription drug coverage: 1-866-383-7420 or www.express-scripts.com; about mental/behavioral health or substance abuse: 1-800-395-1616 or www.ibhcorp.com; and about vision care coverage: 1-800-999-5431 or www.davisvision.com.

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2014 – 12/31/2014

Coverage for: All | Plan Type: HMO

| Common Medical Event | Services You May Need | Your Cost If You Use a Participating Provider | Your Cost If You Use a Non-Participating Provider | Limitations & Exceptions |
|--|-----------------------|--|--|---|
| If your child needs dental or | Eye exam | No charge | Full cost less \$32 | Limited to one exam per year |
| -More information about participating providers and | Glasses | No charge -standard lenses and select frames; Amount over \$60 for provider frames | Full cost less \$55 for standard lenses and any frame | Limited to one pair of glasses per year |
| vision care benefits are available at www.davisvision.com or call 1-800-999-5431 | Dental check-up | Not Covered | Not Covered | none |

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Bariatric surgery (unless medically necessary)
- Cosmetic surgery
- Dental care

- Habilitation services
- Hearing aids
- Long term care

- Non-emergency care when traveling outside the U.S.
- Routine foot care (unless medically necessary)
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Chiropractic care (with plan limitations)
- Infertility treatment (\$2,500 benefit lifetime maximum/subscriber and spouse each)
- Private-duty nursing
- Routine eve care

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Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-216-9741. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact:

- Regarding medical claims: Capital Blue Cross at 1-800-962-2242.
- Regarding drug coverage, call the number on the back of your prescription benefit card or visit <u>www.express-scripts.com</u>.
- Regarding mental/behavioral health and substance abuse coverage, call 1-800-395-1616 or visit www.ibhcorp.com.
- Regarding your vision care coverage, call 1-800-999-5432 or visit <u>www.davisvision.com</u>.

You may also contact the Pennsylvania Insurance Department at 1-877-881-6388 or www.insurance.pa.gov or the U.S. Department of Labor Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform. For additional assistance, you may contact the Pennsylvania consumer assistance line at 1-877-881-6388 or rain-consumer@pa.gov.

Questions: About health care coverage: 1-800-216-9741 or www.capbluecross.com; about prescription drug coverage: 1-866-383-7420 or www.express-scripts.com; about mental/behavioral health or substance abuse: 1-800-395-1616 or www.ibhcorp.com; and about vision care coverage: 1-800-999-5431 or www.davisvision.com.

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Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy <u>does</u> provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

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Coverage Period: 1/1/2014 – 12/31/2014

Coverage for: All | Plan Type: HMO

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$7,380
- Patient pays \$160

Sample care costs:

| Hospital charges (mother) | \$2,700 |
|----------------------------|---------------|
| Routine obstetric care | \$2,100 |
| Hospital charges (baby) | \$900 |
| Anesthesia | \$ 900 |
| Laboratory tests | \$500 |
| Prescriptions | \$200 |
| Radiology | \$200 |
| Vaccines, other preventive | \$40 |
| Total | \$7,540 |

Patient pays:

| i alient pays. | |
|----------------------|-------|
| Deductibles | \$0 |
| Copays | \$120 |
| Coinsurance | \$40 |
| Limits or exclusions | \$0 |
| Total | \$160 |

Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$4,700
- Patient pays \$700

Sample care costs:

| Prescriptions | \$2,900 |
|--------------------------------|---------|
| Medical Equipment and Supplies | \$1,300 |
| Office Visits and Procedures | \$700 |
| Education | \$300 |
| Laboratory tests | \$100 |
| Vaccines, other preventive | \$100 |
| Total | \$5,400 |

Patient pays:

| Deductibles | \$0 |
|----------------------|-------|
| Copays | \$120 |
| Coinsurance | \$580 |
| Limits or exclusions | \$0 |
| Total | \$700 |

Coverage Period: 1/1/2014 - 12/31/2014

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.